



## GLOUCESTER SKI CLUB



**FULL MEMBER**

### *THE SKIWAY CODE*

#### *Rules for the Slopes*

The International Ski Federation (FIS) has established ten rules for the conduct of skiers and snowboarders. In short, they are as follows:

1. **RESPECT** *Do not endanger others*
2. **CONTROL** *Adapt the manner and speed of your skiing to your ability and to the general conditions on the mountain*
3. **CHOICE OF ROUTE** *The skier / snowboarder in front has priority - leave enough space.*
4. **OVERTAKING** *Leave plenty of space when overtaking a slower skier / snowboarder*
5. **ENTERING & STARTING** *Look up and down the slope mountain each time before starting or entering a marked run*
6. **STOPPING** *Only stop at the edge of the piste or where you can easily be seen*
7. **CLIMBING** *When climbing up or down, always keep to the side of the piste*
8. **SIGNS** *Obey all signs and markings – they are there for your safety*
9. **ASSISTANCE** *In case of accidents provide help and alert the rescue service*
10. **IDENTIFICATION** *All those involved in an accident, including witnesses, should exchange names and address*

